



College Counseling Starts Freshman Year

Guidance and Counseling Cares for the Individual

Notre Dame Academy is committed to the holistic and unique development of each student. This philosophy is carried through in academic, personal, and career counseling with personalized attention in individual and small group sessions. ***A dedicated college counselor helps guide families through the college application process.***

Taking the Next Step to a Successful Future

Freshman Year

- An August Freshman Parent Meeting discusses start of the year expectations.
- Teachers watch for adjustment issues.
- Counselors meet with each freshman within the first six weeks of school.
- Counselors meet with freshmen quarterly.
- A January Freshman Parent Meeting reviews scheduling and introduces parents to the NAVIANCE college software program.
- Students begin their high school resume on NAVIANCE.

Sophomore Year

- Students take the PLAN test to determine current academic progress, explore career options, and determine action plans for the rest of their high school career.
- Students update their activities on NAVIANCE.
- Students take the PSAT test.
- Students and parents explore Career/College/Personality Profile Programs.
- A Sophomore Parent Meeting discusses test results of PLAN and PSAT test and previews the college process that starts junior year.
- Students meet quarterly with counselors.
- Sophomores take the Ohio Graduation Test (OGT).

Other side for Junior & Senior Activities

Junior Year

- Students take the PSAT test in October.
- Juniors use NAVIANCE to do college searches, update their resume, and start college applications.
- Juniors participate in a Career Exploration survey first semester.
- A Junior Parent Night discusses the “College Count-Down” with families.
- Counselors meet with students and review PSAT scores.
- Students meet with visiting college representatives.
- The college counselor sits down with each family during second semester.
- Counselors discuss with students options and needs for taking the SAT or ACT test(s).
- Juniors sign up for ACT and/or SAT tests.
- Students take the SAT and/or ACT for college during the spring of the junior year.
- Families participate in the Catholic High Schools College Night at Lourdes College.
- Advanced Placement Testing takes place in May.
- Students make campus visits.

Senior Year

- An August Senior Parent Meeting kicks off the this fast-paced year.
- The college counselor meets with students as needed as they go through the college process.
- The college application process begins full-throttle in August.
- Families participate in the Catholic High Schools College Night at Lourdes College.
- All senior essays are turned in for review in early September.
- Recommendation letters are collected in early September.
- Students meet with visiting college representatives
- Seniors use the NAVIANCE college software program to navigate the college process.
- A college application workshop is held in early October.
- All college applications are due by mid-October.
- Seniors make college visits.
- Advanced Placement Testing takes place in May.
- A College Financial Aid Night for senior parents is held that includes information on how to complete the college FAFSA form.

End results -- young women graduate and start their next four successful years in the college that is best for them.